

Supporting Autistic Individuals with Eating Disorders: A Survey and Thematic Analysis Highlighting Perspectives Towards Development of Autistic Peer Support

Seeking Participants

About the Study

We are inviting **Autistic adults**, and **parents or carers of Autistic children**, to take part in a study exploring the perspectives held by Autistic individuals **with living or lived experience of an eating disorder (ED)** to inform development of **Autistic peer support programmes**.



What Does the Study Involve?

We are asking individuals to complete a series of **online questionnaires** and a **survey** on peer support programmes for 1. Autistic adults with an ED, and 2. Parents or carers of Autistic children or adolescents with an ED. We expect participation to last **1.5 hours**.

Scan the **QR code** or [click here](#) to learn more, and complete our screener to participate!



Inclusion Criteria

You may be eligible to participate in this study if:

- You are **18+** years.
- You are **Autistic** (either formally or self-diagnosed), with **living/lived experience of an ED OR a parent or carer** of an Autistic child or adolescent with lived/living experience of an ED.
- You are **fluent in verbal/ written English** for the purposes of engaging with online questionnaires and surveys.



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